

VALUES IN ACTION

OUR VALUES,YOUR IMPACT



Mary Beth Powers
CHIEF EXECUTIVE
OFFICER

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Stephen Sichak
CHAIR, CMMB BOARD
OF TRUSTEES

Dear Friends.

Reflecting on this past year, we see our values in action at every milestone. Our guiding principles of collaboration, love, excellence, accountability, and respect are at the very heart of our mission. Still, the impact driven by these values is possible only because of you.

This year, despite the burden of conflicts, we reached 1.4 million people worldwide with lifesaving support. Our Medical Donations Program distributed medicines and medical supplies to 32 countries.

In this annual report, we will share more of your impact in numbers, but you will also meet the people behind those numbers. Their stories of healing and resilience are a reality because of your unwavering generosity. We hope that you will see, as we do, how the roots of our values are intertwined in their experiences.

Our collaborations also branched out this year, toward transformational results. In partnership with Bristol Myers Squibb, we are playing a role in building the infrastructure and workforce to bring quality cancer care to rural Kenya. In Peru, CMMB-supported therapists and community health workers are fostering a culture of love, dignity, and respect for children living with disabilities.

Even amid the persistent violence in Haiti, the team's holistic, dedicated approach to HIV/AIDS continues to earn recognition for excellence in service delivery. For this reason, we were selected to lead a similar prevention and treatment project in South Sudan. These are but a few examples of our values in action; more await you on the pages beyond.

Thank you for your unwavering generosity, compassion, and trust. We humbly hold ourselves accountable for the efficiency you expect as we continue to deliver the impact our brothers and sisters deserve.

OUR VALUES IN ACTION Rosalinda joyfully participates in a physical therapy session to manage her cerebral palsy and cardiomegaly Omar Lucas/Getty Images

View and share our annual report online: cmmb.org/values-in-action-ar





NEW CHAPTERS, *MORE IMPACT*

When we added *accountability* to our values, we did so in recognition of you, our faithful supporters, whose trust we have had the honor of stewarding. Here, we report on two new chapters unfolding in Kenya and Peru. Both are defined by our accountability to transform your support into sustainable, community-first impact.

A NEW ROLE IN KENYA

Here, community health promoters—formerly known as community health workers—have been at the forefront of our signature program, Children and Mothers Partnerships (CHAMPS). These health heroes visit families at home to monitor health, provide basic care, and share information.

When we launched CHAMPS in Kenya in 2014, we supported an initial workforce of about 80 community health promoters. By 2018, we were supporting almost 400 in Kitui South Sub-County. Last year, the county government stepped in, and that workforce grew to 2,470 community health promoters across four subcounties. CMMB is tasked with supporting more than 900 of them—serving close to 360,000 people with primary healthcare.

Our local team's expertise has earned a partnership with the Kitui County Ministry of Health & Sanitation. The result is a sustainable new future. Our team of leaders will become advisors, assisting the ministry as its team directs care delivery among a now government-compensated workforce of community health promoters.

hands-on e protect the ones from These new are possible ongoing su Thank you.

SHARED LEARNING IN PERU

A similar story is unfolding in Trujillo and Huancayo, where CMMB has helped reduce anemia among children under five from 53% in 2019 to 17% in 2024. Our success is driven by the dedicated community health workers delivering health messages and services across the two regions.

But this past year, our impact expanded nationwide. The national ministry of health asked us to equip trained social actors—health promoters supported by the national government—with a learning guide to help them share healthy practices with families at risk for anemia and other key health threats.

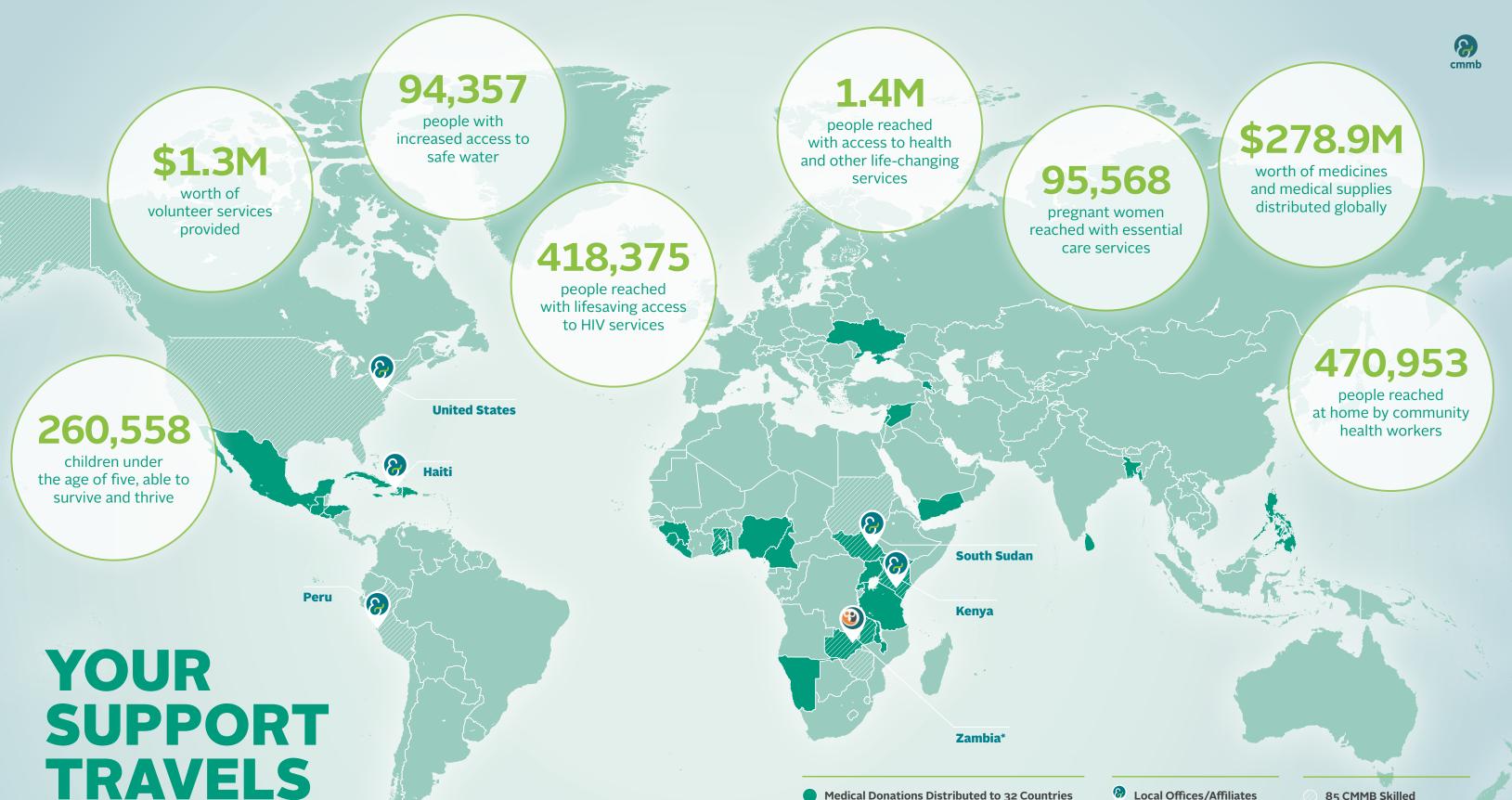
Today, 18,000 social actors carry this learning guide as they travel from home to home across 870 districts. The guide draws from years of hands-on experience helping mothers protect themselves and their little ones from anemia.

These new chapters in our story are possible only because of your ongoing support of our mission. Thank you.

to hear opening remarks at the site of a new maternal and newborn hospital unit. Kenya.

health workers gathers

Luis Tato/Getty Images for CMMB



Just look at what your generosity made possible in 2024!

FAR

Medical Donations Distributed to 32 Countries Armenia, Bangladesh, Cameroon, Cuba, Dominican Republic, El Salvador, Ghana, Guatemala, Guinea, Haiti, Honduras, Jamaica, Kenya, Lebanon, Liberia, Malawi, Mexico, Namibia, Nigeria, Palestinian Territories, Philippines, Rwanda, Sierra Leone, South Sudan, Sri Lanka, Syria, Tanzania, Togo,

Uganda, Ukraine, Yemen, Zambia

B Local Offices/Affiliates Access to Health Zambia*, Haiti, Kenya, Peru, South

Sudan, United States

Volunteers Supported Eight Countries Eswatini, Haiti, Kenya, Peru, South Sudan, Sudan, United

85 CMMB Skilled

States, Zambia

*Access to Health Zambia is a member of the CMMB global community



Q BANGLADESH

HOPE WITH LIFESAVING MEDICINE

Life in Bangladeshi refugee camps is challenging. But in this unlikely place, 37-year-old Tosmin found hope.

Tosmin arrived in Bangladesh after fleeing violence in Myanmar. She is one of the over 800 million people around the world who live with diabetes. Like many patients, she had never before received treatment.

At a health facility supported by CMMB's partner MedGlobal, Tosmin was prescribed Januvia® (sitagliptin)

to help manage her disease. She received it for free thanks to the more than 88,000 bottles of Januvia® donated by Merck and distributed worldwide by CMMB. This is enough to treat 7,755 patients like Tosmin for a year.

"Here, I finally feel that someone cares about my health," Tosmin shared.
"The medicine helps me control my sugar levels, and the health workers explained how to eat better. It gives me hope that I can live a normal life."

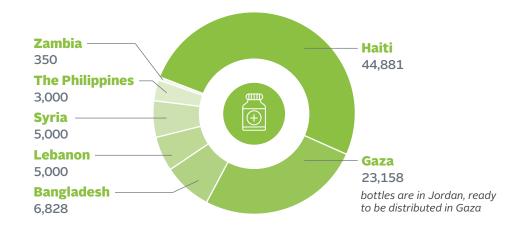
"We are grateful for our decades-long partnership with CMMB. Together, we strive to support vulnerable communities and help patients worldwide through our product donations," stated Allison Goldberg, Merck's Executive Director at the Office of Social Impact & Sustainability.

With your support, and because of extraordinary partners like Merck, we are supplying high-quality medicines in the most vulnerable places—bringing health to people like Tosmin.

In FY 2024, CMMB delivered shipments of Januvia® to more than 50 health facilities in Bangladesh, Haiti, Lebanon, the Philippines, Syria, and Zambia. Additional shipments are designated for Gaza.

Thank you, Merck. Together, we will continue to save lives.

Bottles En Route in 2024





medicines worldwide, easing the burden for people who face this difficult choice.



O HAITI

COLLABORATING TO SAVE LIVES

We reflect on another year of atrocities in Haiti with heavy hearts. In 2024, brutal and unceasing gang violence created unimaginably dangerous conditions for families. The transport of medicines and medical supplies remains treacherous and sometimes impossible. Yet with the help of our partner, Hope for Haiti, your generosity prevailed. For people like Julien, a mother of eight, your contributions are a lifeline.

Julien was diagnosed with diabetes two years ago at a hospital supported by Hope for Haiti. The hospital can treat her free of charge thanks to CMMB's ongoing medical donations.

"They take good care of people," says Julien.

Earlier this year, the only road to Les Cayes—home of Julien and others depending on CMMB's medical donations—was blocked by gang activity. This dire situation became life-threatening when facilities relying on Hope for Haiti's deliveries ran out of medicine.

That's when Hope for Haiti connected with the only commercial airline in Haiti. The airline agreed to help fly the medications to Les Cayes. The shipment traveled by sea, road, and air before finally reaching the hands of patients like Julien. The medicine's safe arrival is a testament to the power of collaboration, even in the face of the unthinkable.

"Working with CMMB has shown that together, we can change things for the better—even in the smallest, most remote areas of Haiti," shares Yvette Ebb, Hope for Haiti's Gift-In-Kind Director.

CMMB has partnered with Hope for Haiti for 20 years. Together, annually, we reach more than one million Haitians with life-altering medications.

2024 Global Results



partners delivering CMMB-donated medicines and medical supplies



4,330

health facilities reached

countries reached





Q ZAMBIA

ENSURING SAFE DELIVERIES

Brenda, 27 years old, from Sankolonga, was expecting her second child. CMMB-supported community health workers made sure she received support and access to antenatal care. At eight months pregnant, she was encouraged to stay in the mothers' shelter at her local health facility. Built by CMMB, this maternal waiting home means women no longer need to worry about how they will reach the hospital during labor. For Brenda, the shelter made the difference between life and death.

While Brenda was in residence, healthcare workers performed an ultrasound. They discovered the unexpected. Brenda's baby was very big and faced forwards, not backwards. Confronting a risky delivery, Brenda was transported to the region's only hospital equipped to handle her case. She went into labor, and her doctor performed an emergency C-section.

Relieved and full of joy, Brenda gave birth to a healthy 9.9-pound boy.

"Imagine if I stayed here till the start of labor, without the nurses having information on the size and position of my baby," said Brenda. "I would probably have experienced birth complications or even death."

"You are saving a lot of women's and children's lives."

CMMB consistently exceeds targets in maternal and child health. Last year, in Western Province's Chisu and Kalundu districts, 100% of pregnant women identified by our team attended first-trimester antenatal appointments—an achievement unimaginable just five years ago. This success is thanks to you and your support for our CHAMPS program. Through CHAMPS, we improve local health facilities and empower a committed team of community health workers to reach pregnant women like Brenda.

2024 Global Results



66,024

pregnant women attended at least one antenatal care visit



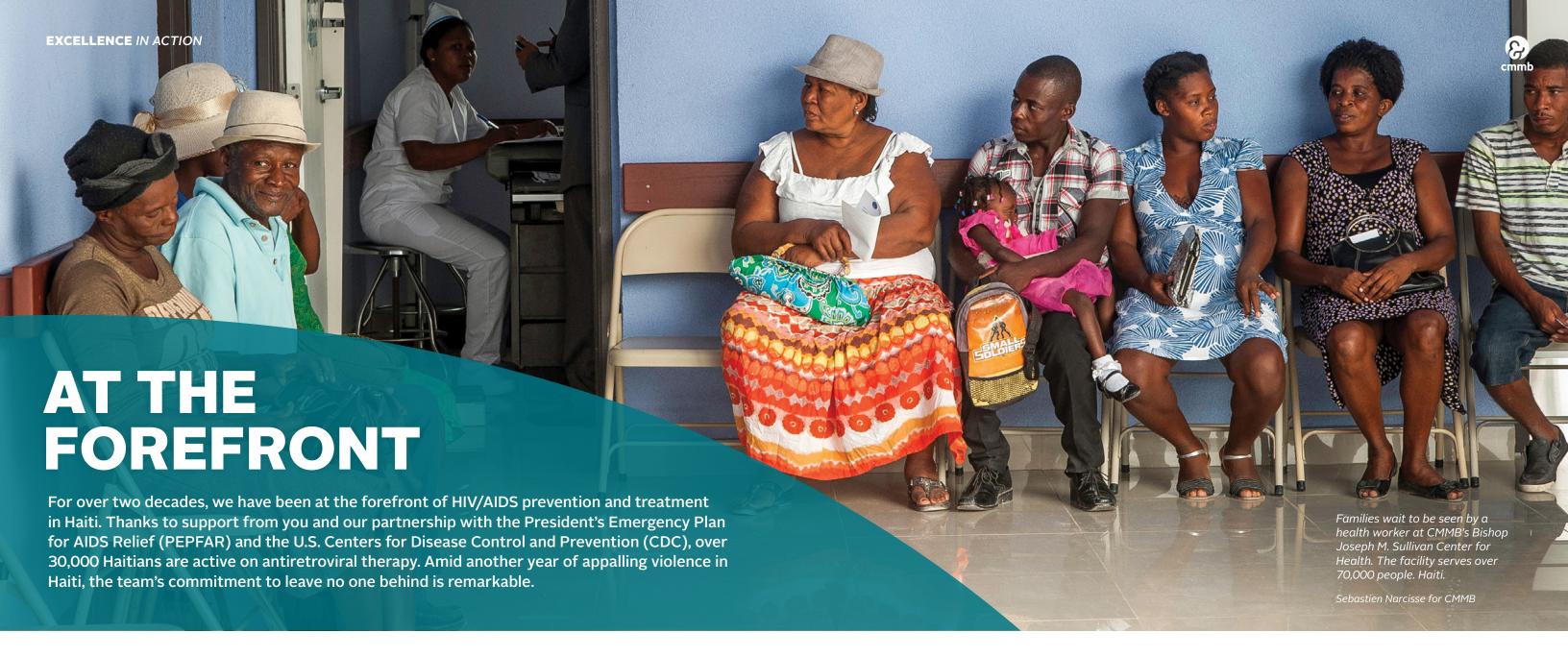
27,531

pregnant women gave birth at a health facility with the support of a skilled birth attendant



21,214

newborns
received postnatal
care within their
first two days
of life



♀ HAITI

HOPE AND HEALTH RENEWED

Dorélus, a mother from Boucan des Mornes, in Haiti's West Department, knew something was wrong. She and her young son, Woodson, were always sick.

"I didn't know what to do because I didn't have money to go to the hospital," she told us. "I was desperate. I thought I was going to die."

That's when Dorélus turned to a CMMB-supported health facility for

help. She soon learned why she and Woodson were so often ill—both were HIV positive. In the wake of this life-changing diagnosis, healthcare workers met Dorélus with compassion at every step. She was given medication for herself and her son and counseling on the importance of staying on treatment.

Field workers continued to support the family during their regular home visits.

And when Dorélus became pregnant

with her second child, they took every measure to minimize the risk of mother-to-child transmission. It was with great relief that Woodmylove was born HIV free.

Since then, Dorélus has given birth to two more children, both HIV negative. She and Woodson have been diligent about taking their HIV medication and are healthy. Dorélus is focused on her family's future.

"Now my family's health has changed completely," she said.

With funding and support from our partners, 91.4% of the people receiving treatment through CMMB have achieved viral suppression—meaning the virus is nearly undetectable in their blood. Because of our track record in Haiti and elsewhere, CMMB was selected to lead a similar program in South Sudan.

2024 Global Results



418,375

people supported with access to HIV services



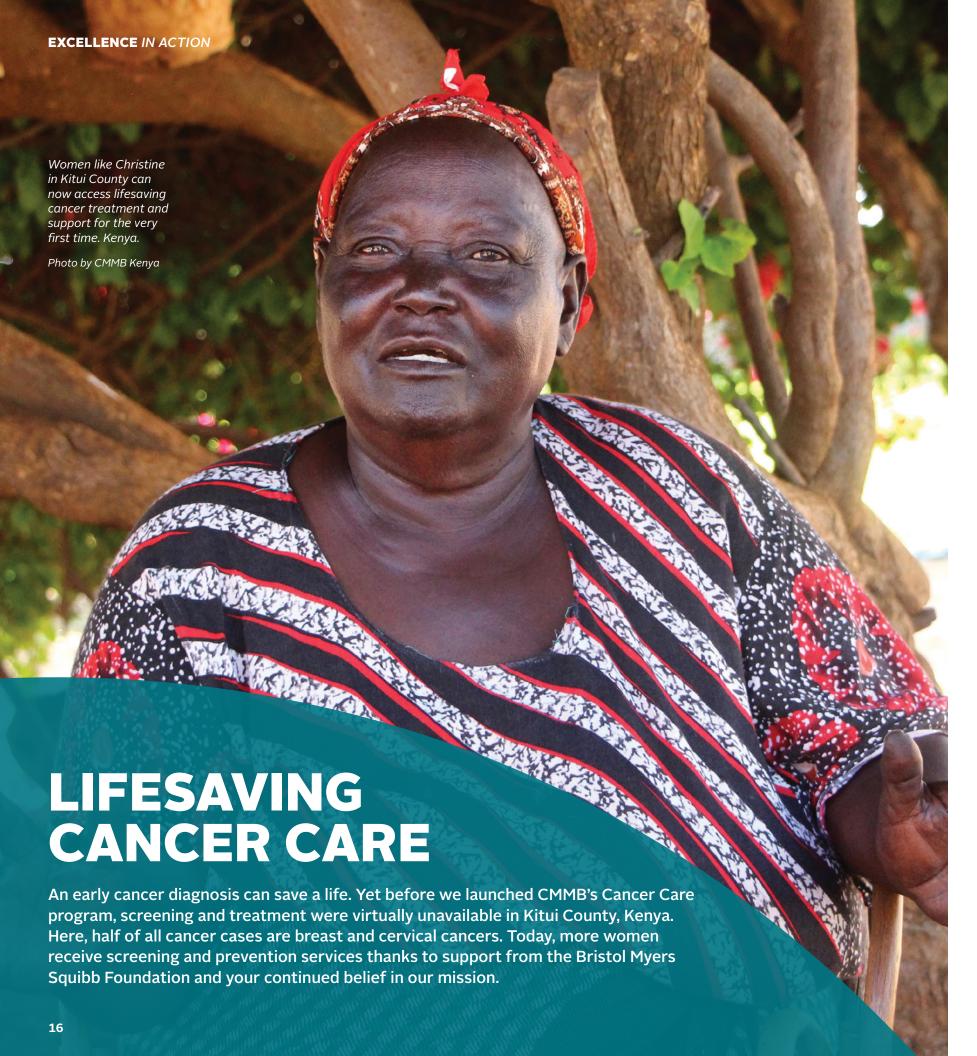
287,888

people tested for HIV now know their status



46,445

people whose virus is undetectable thanks to treatment





Q KENYA

"A LIGHT IN MY DARKEST HOUR"

At first, Christine thought the itch on her right breast was due to an ant bite. But the 73-yearold from Kitoo village became worried as that bite grew steadily into a lump.

A biopsy confirmed the worst: It was breast cancer.

Christine and her family were terrified—until community health promoters visited her to offer hope. They explained the diagnosis and reassured her about the journey ahead.

"Their kindness and grace were like a light in my darkest hour," Christine remembered.

As Christine underwent a mastectomy, community health promoters continued their

counseling and watched over her wound care. When she began chemotherapy, CMMB introduced her to a cancer patient support group. And when she worried about the cost of the 62-mile commute to chemotherapy sessions, CMMB provided financial assistance.

"CMMB has been my steadfast companion on this journey," she said. "I feel secure, hopeful, and ready to embrace complete healing."

Together with the Bristol Myers Squibb Foundation, CMMB constructed and equipped the Phangisile Mtshali Cancer Center at the Kitui County Referral Hospital. Now, Kitui County women like Christine can receive cancer treatment closer to home—and experience the darkness of cancer giving way to light.

2024 Kenya Results



7,437

women screened for breast cancer



7,173

women screened for cervical cancer



6,789

girls received the HPV vaccination



90

health facilities equipped with cancer screening supplies



PERU

A FUTURE RESTORED

By the time he was four, Jonel had fallen far behind other boys his age. His hands were always in fists, so it was hard for him to hold a toy or anything else. When he tried to stand, his knees knocked. Communicating was another challenge. Most worrisome, Jonel struggled to chew and swallow food.

He joined CMMB's community-based Rehabilitation with Hope program, which serves children living with disabilities. For more than a decade, Jonel received physical, occupational, speech, and learning therapies. Yet due to family issues, the care was intermittent—and his progress stalled. Eventually, Jonel moved in with his paternal grandparents.

That change has made all the difference.

Since 2022, Jonel's grandmother has been his caregiver and champion. After consistent therapy, Jonel can now stand with support for more than 30 minutes at a time. His posture has also improved. Eating is easier.

Most importantly, Jonel has gained independence. With just a little assistance, he can clean his hands and teeth. A teenager now, Jonel better understands what people are saying and communicates what he wants through gestures. He is less isolated from the world around him.

Thanks to your generosity, CMMB is providing 147 Peruvian children with ongoing and transformative support. Their families learn to implement the therapies themselves, and staff helps parents obtain disability benefits. Peru's government references our work around disabilities as a model for its efforts, which magnifies your impact. You are helping children with disabilities reclaim their futures.

2024 Global Results



387

children with disabilities supported with life-changing services



Q SOUTH SUDAN



THE GIFT OF A SAFE DELIVERY

When it came time to give birth, 29-year-old Rita could only hope for a safe delivery. From her village in Ezo County, it was a 90-minute walk to the nearest health facility. Even if she made it, she doubted whether the hospital would admit her without money.

Rita gave birth at home, and when she experienced unusual bleeding, no help came. "I suffered at home until the bleeding stopped," she told us.

Without access to quality healthcare, pregnant women face life-threatening complications. Lately, though, fears about delivering are giving way to hope. Because of you, CMMB is delivering medicine and supplies to existing health facilities and building new ones. We are training healthcare workers to serve those facilities and providing critical ambulance services so mothers can reach them.

Through our CHAMPS program, CMMB-supported community health workers encourage women to attend antenatal visits. At these visits, midwives promote the benefits of delivering in a health facility. Slowly, word spreads. Rita was among the women who heard.

As women in her village delivered their babies under the care of skilled health professionals, Rita saw them return home—with healthy babies and kits packed with soaps and supplies.

The next time Rita was pregnant, she did not hesitate to seek medical care. At the hospital, she delivered a healthy son. Now, she knows she has a place to go when her family needs care.

"The support from CMMB is an assurance of better health for me and my family," she said.

CMMB supported 61 health facilities in South Sudan in FY 2024. We also completed the construction of three facilities supporting maternal, newborn, and child care and celebrated the handover of those and two others to the local government. Like Rita, 8,639 women delivered their babies in a health facility. Of these women, 282 received C-sections, and 100 were given emergency referrals for post-delivery complications. These numbers are a powerful testament to the impact of your generosity.

2024 Global Results



149,718

people reached by our signature CHAMPS program



1,032

supported by CMMB

2 2

21,579
women received postpartum care





TRANSFORMING CARE, TOGETHER

volunteerism—focused on respect and compassion—remains a core part of and Neonatal Nurse Ashley Munoz Equatoria State. Their commitment has helped nurture the knowledge and skills of healthcare workers at St.

"My goal was to join hands with the hospital staff—a group of individuals so passionate and eager to learn motivate and educate them," said Dr. teaching by doing, we would leave staff "We worked to alleviate gaps in the

needed to confidently and effectively

The pair set out to build a robust training program that combined patient care a considerable endeavor even in the best-equipped hospital. The challenge was monumental at St. Theresa, given the limited medicine, supplies, and staff.

"Despite the challenges, we administration of St. Theresa to increase staff capacity and support

availability of medicine and supplies, strengthen the hospital's investigative lab capabilities, and standardize best control. We even supported the design time, the hospital will have dedicated and trained staff to care for their most

Dr. Mahvash and Ashley have both returned home, but their impact remote volunteers. We are grateful for will be saved as a result.

Q ZAMBIA

ANSWERING THE CALL TO SERVE

Whether your skills are clinical or nonclinical, and whether you can give your time in person or virtually, CMMB's Volunteer Program can help you answer the call to service. Isabel Carvalho studied as a food engineer and later expanded her expertise in project and portfolio management. She applied her skills to tackle critical challenges in water, sanitation, and hygiene (WASH). What she gained was a deep passion for supporting underserved communities, eventually leading her to Zambia.

As a nonclinical volunteer, Isabel focused on improving sanitation conditions and access to clean, safe water across Mwandi District in Western Province. After almost five months, Isabel had visited 79 villages. Collaborating with colleagues from CMMB and local governments, she conducted research to identify priorities, trained 103 community leaders to promote sanitation practices—benefiting over 5,000 residents—and contributed her expertise to the construction of 81 new latrines in the Chisu area.

"Living alongside these vulnerable communities gave me the chance to truly connect with the locals, to listen to their challenges, understand their needs, and share in their hopes," said Isabel. "This deep connection inspired me to ensure every aspect of the project was tailored to their realities. The most rewarding moments came when I returned to their villages to monitor progress and saw the impact reflected in their smiles and renewed sense of hope. Those moments reminded me why this work matters."

Isabel's volunteer experience is over, but her impact endures. Her community-level research will inform CMMB's work well into the future, strengthening our commitment to see no community without access to life-sustaining sanitation and water.

2024 Global Results



17,926 hours spent

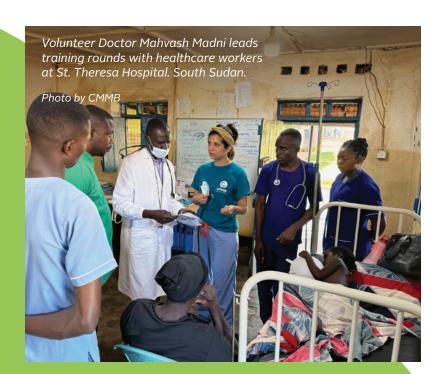
volunteering



volunteers



countries supported by CMMB volunteers





CMMB Volunteer Isabel Carvalho traveled across Mwandi, to interview leaders about their community's access to water and sanitation. Zambia.

Access to Health Zambia for CMMB





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45,593 donors



Bette Burke-Nash

A LIFE OF LOVE AND A LEGACY OF HEALTH

To say that Bette Burke-Nash was a remarkable woman is not saying enough—about the life she lived or the legacy she chose to leave behind.

When speaking with her niece,
Roxanne, we instantly knew that
Bette was beloved by all who crossed
her path. And as the Guinness World
Records holder for the longest-serving
flight attendant, she crossed paths
with many. At nearly 88 years old,
Bette had never officially retired.

"She just loved people," said Roxanne.
"She would always say that 'everybody just needs a little love."

Bette's love will endure, too, for generations to come. When Bette began shaping her legacy, she decided to entrust CMMB with a portion of it through our planned giving program. As a longtime supporter of our mission, Bette's belief in CMMB

was generational. Before CMMB was Bette's charity, it was her mother's.

Bette's generosity will have a lifechanging impact on the lives of women and children for decades to come. Our vision of healthier lives worldwide is now part of her legacy.

The other part of Bette's legacy is her son. If there was one thing she cherished more than flying, it was being Christian's mother.

Christian lives with a disability, and Bette devoted herself to being his champion. She ensured he had every opportunity, whether participating in the Special Olympics or attending a particular school. This devotion had her up daily by 3:30 am to get Christian to his caretaker before zipping off to the airport, taking to the skies, and then heading back home to do it all over again.

"Bette had a bigger-than-life personality, and so does Christian," said Roxanne. "He just loves life, and that's how Bette was too."

Christian just celebrated his 50th birthday, and even though Bette was not there, her legacy shone brightly in the friends and former colleagues who gathered with him.

When asked what Bette would make of all this—the celebration of her legacy and the outpouring of love that will remain with Christian indefinitely—Roxanne's answer was simple.

"Bette loved first," reflected Roxanne. "She would want to inspire others to give. That's what I think."

If you are interested in learning more about how planned giving can help build a brighter world with CMMB, please visit: cmmb.org/freewill.

Photos courtesy of the Burke-Nash family.

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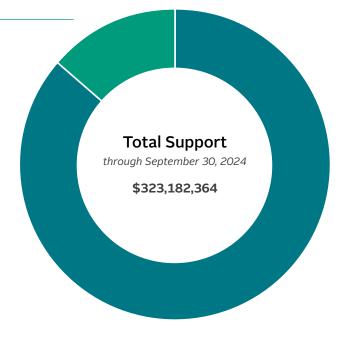
Stewardship in FY 2024 (US Dollars)

Contributions & Other Revenue

\$44,284,841

Donated Goods & Services

\$278,897,523



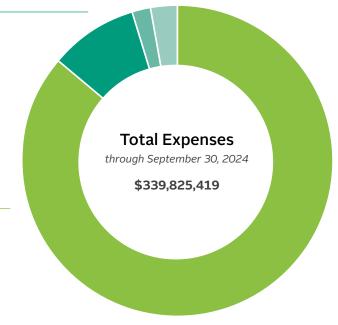


\$46,438,130

Program Support	\$31,065,676
Administration	\$6,593,661
Fundraising	\$8,778,793

Program Services Expenses

\$293,387,289



Beginning Net Assets: \$81.9M

Ending Net Assets: \$65.1M



95.48%

donations, including the value of in-kind products and services, invested in programs

For more information on our leadership, visit cmmb.org/leadership

At the time of publishing this annual report, the FY 2024 financial audit was still in progress. Please visit **cmmb.org/financials** for the most up-to-date information.

SUPPLYING WATER, INSPIRING HOPE

Two billion people worldwide live without access to clean, safe water. Yet it is essential for health. And where water is scarce, the daily grind of finding it falls to women and girls. In water-stressed communities in Haiti, Kenya, Peru, and South Sudan, CMMB's partnership with the P&G Children's Safe Drinking Water Program (CSDW) has been vital in our mission to increase access to safe drinking water.

Where water emergencies exist, we meet with community members and local leaders in homes, schools, and health facilities to discuss the importance of healthy hygiene and drinking only clean, safe water. We address myths and misconceptions about water treatment and explain how to use P&G Purifier of Water (POW) sachets. Community leaders and health professionals advise us where to distribute the POWs so that they reach the most vulnerable families. After children's diarrhea is drastically reduced, mothers embrace the message. As a result, we have witnessed communities recognize the importance of a permanent source of clean, safe water—as in Kenya.

In that nation's drought-affected Kitui County, women and children were walking over six miles just to fetch water. With funding from CSDW, and in collaboration with the Kitui County government, we constructed a subsurface dam powered by solar pumps, with pipelines to distribute water.

In addition, in South Sudan and Zambia, CSDW has supported us to repair or drill boreholes and install rainwater storage tanks.

Thanks to our partnership, children spend their days in school, unburdened by the threat of water-borne illnesses. Households can more easily maintain a hygienic environment with clean water, and when local health workers deliver essential services, they can do so with clean hands.

Together, over the last eight years, CSDW and CMMB have provided more than 586 million liters of clean, safe water to vulnerable families. The impact has been real and important. This year, we celebrate our long-term partnership with the P&G Children's Safe Drinking Water Program in recognition of an impactful milestone: CSDW's 20th anniversary. Thank you, P&G.





SUPPORT OUR VALUES *IN ACTION*

We love what we do, but we can't do it alone. Help us put our values into action to see your impact take shape in lives saved.



Make a donation online

Visit cmmb.org/valuesinaction



Send a donation by mail

Catholic Medical Mission Board Gift Processing Center PO Box 37041 Boone, IA 50037-0041



Call to make a donation

800-678-5659



For questions

Send an email to info@cmmb.org



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Our Vision

A world in which every human life is valued, and health and human dignity are shared by all.

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On the Cover: Lucy plays with her son Joshua at home when a community health promoter arrives. Community health promoters are on a mission to promote safe pregnancies, among other health practices, in hard-to-reach villages like Lucy's. Kenya.

Alissa Everett/Getty Images for CMMB

Our Mission

Inspired by the example of Jesus, CMMB works in partnership globally to deliver locally sustainable, quality health solutions to women, children, and their communities.

Connect with CMMB: